



Movin & Groovin Family Fitness Program

Application

Only complete this application if you and your family can commit to the below dates...

Interview - April 2, 2011 between the hours of 9:00 – 11:00 a.m.

Orientation - April 16, 2011 at 11:00 a.m.

Family must commit to participate in the program at least three days a week from April 19, 2011 – June 11, 2011.

Please complete below:

Mother's Last Name	Mother's First Name	Age
Father's Last Name	Father's First Name	Age
Please list names of children who will participate: (We only allow 4 people per family) For example: 2 parents and 2 children or one parent and three children)		
1.		Age
2.		Age
3.		Age
Street Address	Phone #	
City	Zip code	Cell #
Emergency Contact	Home #	
	Cell #	
Email address		

By signing below, you agree that you and the above named family members are available to participate in the Moovin & Groovin Family Fitness Program, twice a week from April 19, 2011 – June 11, 2011.

I and all person(s) attending with me will follow all rules and policies of CATWC or as directed by CATWC staff. A doctor's note is not required to participate in CATWC water exercise & wellness program. However, exercising in warm water may pose some health risk. CATWC recommend that you consult your doctor before starting the program. I understand that CATWC water temperature is kept between 91 to 94 degrees and may have an adverse affect to my health. Furthermore, I understand any pool has inherent danger and I will not hold CATWC liable for any damages, injury, or death that may occur from my participation in the CATWC program. I will report any changes in the above information to CATWC in a timely manner. I give permission for CATWC to use any information, including written, video, digital and or photograph, of my likeness for the promotion of the CATWC program. I understand CATWC is not responsible for valuables left in CATWC facility. Noncompliance with rules may cause suspension of my right to use the facility.

Parent or Legal Guardian

Date